## Catmint

## Nepeta racemosa (syn mussinii)



**Height:** 45cm (18in)

**Spread:** 45cm (18in)

Suitable for: Well drained soil in full sun.

**Summary:** This is a popular perennial herb with aromatic

grey felty leaves and prolific spikes of lavender blue flowers. This plant is extremely popular with

cats!

## More information:

An ornamental herb with a spreading habit which makes good summer ground cover and is particularly good for planting along pathways where it will soften the edges.

Whilst this herb has only ornamental uses, its flowers retain their colour well when dried and make a colourful addition to pot pourri.

The leaves are particularly attractive to cats, which is thought to be due to the fact that they contain a hallucinogenic chemical. (Detected only by cats!).

Protect small plants with netting until established or the local feline population will chew and roll them to death!