

## Oregano Pesto

Oregano makes a great pesto, a lovely spring taste to stir through pasta or to serve with grilled fish.

- 30 g chopped fresh **oregano** leaves — this is about a large cup full
- 2 cloves of garlic
- 40 g flaked almonds
- 100 ml olive oil
- 1 tbs lemon juice
- Salt and freshly ground black pepper to taste



Put the oregano, garlic and nuts into a blender or food processor, chop lightly then add half of the olive oil with the lemon juice and blend to a coarse paste — not too fine — you need to be able to distinguish the tiny pieces of leaf.

Stir in the rest of the olive oil and some seasoning to taste.

A mix of oregano and parsley leaves also gives a delicious flavour.

Try using our new Italian parsley which will be available to buy on our website in a few days time.

- Stir 2 tablespoons of your pesto through pasta for 2 people.
- It goes well with lightly cooked vegetables such as courgettes, carrots and beans.
- Mix with roasted vegetables such as a mix of aubergine, peppers and courgettes.
- Spread onto savoury crackers or a baguette and top with some goats cheese.
- Serve with any grilled or pan fried fish.
- I'm sure that you'll have plenty of ideas of your own!

As you can see oregano is especially versatile and the flavour mingles well with many different types of food.