Cream cheese and horseradish dip

Mix together 300g cream cheese (low fat or otherwise),

2 tablespoons of grated horseradish, 100ml mayonnaise and lots of black pepper.

Add chopped mint or parsley if desired.

For a more substantial dip crumble in some crisply grilled bacon.

Cool in the fridge before serving.

Lovely served with celery sticks, grilled pitta bread and cucumber wedges.