Rocket and Melon Salad

- 2 handfuls of wild rocket
- 1 ripe melon of choice
- 2 thin skinned oranges
- 1 tbs flaked almonds
- 100 ml greek yoghurt or crème fraiche
- salt and black pepper

Wash the rocket if necessary and dry well. Cut the melon into cubes or use a melon baller. Peel the oranges and slice them thinly on a plate. Toast the almonds in a moderate oven until gold.

Season the yoghurt if desired.

Arrange the rocket around the edge of a pretty serving dish and pile the melon and orange slices in the middle. Pour over the crème fraiche / yoghurt and decorate with the almonds.