Mixed Salad Leaf seeds — Oriental mix



Height: Varied

Suitable for: Moist well draining soil in sun or part shade.

Summary: Oriental salad mix is an easily grown addition to a touch of the exotic your salads.

It is made up of a mix of white Pak Choi, Tatsoi, Mizuna, Mibuna (Japanese parsley) and red and white mustards.

It can be grown either by sowing outside during spring and summer into a finely raked seed bed, or in a large container outside or under cover or even on the windowsill for winter use.

More information:

The mix of leaves all have a similar growth rate making harvesting easy. They have a good mix of textures with a delicious oriental taste.

Harvest for the kitchen on a 'cut and come again' basis once the leaves are 12 – 15 cm high, leaving the central shoots to produce more leaves for future use. You can get up to 3 harvests from the same sowing.

The leaves are great added to salads, sandwiches and as an attractive garnish. Try adding a handful to your stirfry when cooking is complete — just before serving.